



# CANINE 5K



## & ONE-MILE TURTLE CRAWL

**COURSE INFO:**

The Canine 5K and 1-mile Turtle Crawl will begin and end at TrySports Wilmington located in Mayfaire Town Center. The course will be USATF-Certified, and timed by Go Time! using RFID technology that allows real-time results. This race features: disposable bib chip timing, instant results, texts and emails. Parking will be available in the open parking lots behind TrySports Wilmington and 02 Fitness.

**REGISTRATION:**

Registration can be submitted online at [www.its-go-time.com](http://www.its-go-time.com) You may also submit your registration forms along with check or cash payment at TrySports Wilmington (Mayfaire Town Center). Registrations will be accepted until December 2, 2011 at 2:00pm. Race day registrations will be accepted from 6:45am – 7:30am at the TrySports Wilmington Event Field. All checks can be made payable to “McCull & Associates, Inc” Att: “Canine 5k”

**REGISTRATION FEES:**

5K: \$25 (Prior to November 11, 2011)  
 5K: \$30 (After November 11 and Race Day)  
 Turtle Crawl: \$15 (Prior to November 11, 2011)  
 Turtle Crawl: \$20 (After November 11 and Race Day)  
 T-Shirts will be guaranteed for those who register prior to November 11, 2011. After that, t-shirts will be issued on a first come basis.

**PACKET PICK-UP:**

Packet pick-up will be located at TrySports Wilmington on December 2, 2011 from 4:00pm – 7:00pm, and on race day from 6:45am – 7:30am.

**1 MILE TURTLE CRAWL (FUN WALK)**

All ages and abilities are welcome to participate in the one mile Turtle Crawl fun walk. Dogs are also permitted (see rules)

**AWARDS:**

Awards will be given to top 3 human/dog overall, top 3 male/female overall and top 3 male/female in each age group: 14 & under, 15-18; 19-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 70+

**RULES/RESTRICTIONS**

- Limit one dog per person
- Must be at least 6 months
- Must be up to date on vaccinations
- Must be trained/well-behaved
- Must be kept on leash at all times.
- Leashes no longer than 6 feet
- No retractable leashes
- No dogs in heat

**PORTION OF PROCEEDS TO BENEFIT**



The Karen Beasley  
**Sea Turtle Rescue and Rehabilitation Center**

**REGISTER ONLINE: [its-go-time.com/canine-5k](http://its-go-time.com/canine-5k)**

\_\_\_ 5K \_\_\_ 5K Run w/ Dog

\_\_\_ 1 Mile Turtle Crawl (Walk)

**PLEASE PRINT CLEARLY AND SIGN WAIVER:**

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

AGE (AS OF 12/3/2011) \_\_\_\_\_

PLEASE CIRCLE: MALE FEMALE

T-SHIRT SIZE: S M L XL XXL

**EVENT NAME: CANINE 5K & ONE-MILE TURTLE CRAWL**

*Liability waiver and release:* Upon acceptance of my entry, I, for myself, my heirs and assigns, hereby release the sponsors, officials and volunteers of the Event Named herein from any and all liability arising from illness, injury or death I may suffer as a result of my participation in this event. I attest that I am physically able and have sufficiently trained for this demanding event and am aware that participation in this event could result in physical injury. Should officials determine that completion of the event would be injurious to my health, I consent to be removed from the event and treated by designated medical personnel.

Publicity Waiver: I grant permission for photos, motion pictures, recordings or any other records of this event for any legitimate purpose. I agree to accept the decisions of the officials as final.

Signed by: \_\_\_\_\_

Printed: \_\_\_\_\_ Date: \_\_\_\_\_